### THE SPA AT



# SPA MENU









SPA HOURS • 9AM-5PM\*
Subject to change

To schedule your massage, facial, or body treatment, dial 808-215-4145 from your room. www.SpaKoloaLanding.com

MAE 2705 - BSH 4865



### MASSAGE THERAPY

Massage treatments nourish the skin and underlying tissues, ease muscle tension, restore balance, promote detoxification, and help the body adjust to time zone shifts

### HAWAIIAN LOMI LOMI MASSAGE

Our most requested massage draws inspiration from ancient Hawaiian healing practices passed down to the modern era by our island kumu (teachers). This unparalleled experience features a seamless combination of gliding and rythmic strokes using light to medium pressure, - 60 minutes \$185, 90 minutes \$235

### CLASSIC SWEDISH MASSAGE

This traditional technique is designed to alleviate muscle tension, promote relaxation, and increase circulation through an expert combination of long, kneading, and circular strokes using light pressure,

- 60 minutes \$185, 90 minutes \$235

### PRENATAL (HAPAI) MASSAGE

A nurturing and relaxing gentle pressure massage for the mother-to-be that is tailored to comfort and stage in pregnancy. This massage helps to ease pregnancy related physical changes including back pain, sciatica, edema (swelling), and muscle spasms,

- 60 minutes \$185, 90 minutes \$235

### DEEP LOMI LOMI MASSAGE

Perfect for guests who need a firmer, more intense treatment, but want to enjoy all the benefits of a Hawaiian Lomi Lomi experience,

- 60 minutes \$210, 90 minutes \$260

### SPORTS MASSAGE

Promotes improved range of motion and flexibility, targeting different muscle groups for golf, tennis, running, hiking, and surfing,

- 60 minutes \$210, 90 minutes \$260

### **DEEP TISSUE MASSAGE**

Ideal for those seeking relief from tense muscle fibers caused by stressed and overworked muscles, this massage technique uses a deeper pressure that is strategically applied,

- 60 minutes 210, 90 minutes \$260

#### POHAKU WARM STONE RITUAL

Using warm stones and a fluid variation of massage techniques to target muscle tension and soothe the body, this treatment will leave you feeling relaxed and restored,

- 60 minutes \$190, 90 minutes \$240

### ANTIOXIDANT VIBRANCY REVIVAL FACIAL

Experience the potency and power of phytonutrients in their organic, whole plant form. Transform dull, dry, dehydrated skin into vibrant, healthy skin with the help of herbal superfoods like Nettle Leaf, Cranberry Seed and Calendula Flowers to support optimal skin wellness. This facial is ideal for most skin types with a primary focus on reducing stagnation, restoring life and aging vibrantly

- 60 minutes \$185, 90 minutes \$245

### PLANT-ASSISTED DETOX FACIAL

Clear and decongest skin by reducing inflammation, diversifying the microbiome, and enhancing lymphatic flow Organic Chamomile, Passionflower, Turmeric, and Lavender support healthy skin functioning without stripping, drying or wiping out helpful flora colonies. This calming and clarifying facial is ideal for congested and acne skin types with primary focus on restoring equilibrium and detoxing on multiple levels = 60 minutes \$185, 90 minutes \$245

#### SUN GODDESS CALENDULA CAROTENOID REPAIR

Whether healing a sunburn or brightening years of sun damage, this facial is for sun-lovers of all kinds. Whole plant phytonutrients work synergistically to nourish, repair and prevent further oxidative damage Camu Camu, Rose Hip, Sea Buckthorn and Calendula deliver visible results that can be seen after just one treatment. This facial is ideal for hyperpigmentation, scarring and sun damage, with a primary focus on brightening and evening skin tone, reducing inflammation and strengthening connective tissue - 60 minutes \$185, 90 minutes \$245

### ADVANCED MODALITIES

Such as (Gua Sha) will be featured in the 90 min rituals

### EXPRESS TREATMENTS

### INTENSIVE SCALP THERAPY

Warm hydrating coconut milk is massaged into the scalp and hair, with neck and shoulder massage. A journey into nirvana, designed to ease chronic head & neck pain - 30 minutes \$99

#### WAEWAE REFLEXOLOGY TREATMENT

Restore the natural balance and wellbeing of your body by applying pressure to specific points on the feet (waewae) - 30 minutes \$95

## LILFOX FACIALS



# MYSTIC AWAKENING

CRYO + THERMAL FACIAL
60 MINUTES | 90 MINUTES WITH GUA SHA

### **TREATMENT**

The ultimate in skin rejuvenation. Through a cyclical balance of warm + cool cryo tools and exceptional botanicals extracts, we tone, tighten and detoxify the skin.

The constricting and expanding of blood vessels, mimicking the natural contrast of temperatures + climates of the desert, we encourage nutrient delivery, cellular stimulation and increased detoxification of cellular waste. Say hello to the ultimate ally to aging gracefully through a facial experience.

By means of facial alchemy, the finished product leaves the skin quenched, pores cleaner, fine lines smoother and contours sculpted on a base of radiant, plumped, pore-fect skin.

# AMAZONIAN HYDRATION

IMMERSION FACIAL
60 MINUTES | 90 MINUTES WITH GUA SHA

#### TREATMENT

This deeply hydrating, warming treatment is life bringing for dry, weary complexions. A soothing immersion. Your skin will be grateful for. Sound healing vibrations further support transforming fear to awareness.

Advanced formulas offer nourishment and regeneration. Hyaluronic acid plumps the skin and boosts moisture retention. Tetra C, Camu Camu, and Kakadu Plum Extract provides a concentrated dose of Vitamin C for instant glow and a sun kissed appearance.

### **EXCLUSIVE LILFOX FACIALS**



# MELLOW MOONBEAM

CLARIFYING FACIAL
60 MINUTES | 90 MINUTES WITH GUA SHA

The most luxurious functional facial you could experience. Deeply cleansing, perfect for skin prone to congestion or acne, this restorative experience ensures that you walk away feeling polished and mellowed out.

The Mellow Moonbeam provides deep purification of the pores with a powerhouse of enzymes, a double cleanse and finishing it off with a detoxifying mask treatment.

# *LUMINOUS QUARTZ*

FIRMING FACIAL
60 MINUTES | 90 MINUTES WITH GUA SHA

Looking to the mystery and guiding power of the moon, we welcome a dreamy immersion into a ritual of crystalline cosmic alignment to purify, hydrate, + harmonize the body and soul.

An energetically activating and cleansing treatment for mature, uneven, dull, and lacklustre skin topes. Brightens the complexion, reduces fine lines, heals breakouts, and minimizes pores focusing on traditional gua sha application.

Activate each guest's innate constellation within themselves through tuning forks, lymphatic drainage, white jade gua sha, clear quartz crystals and activating wands, energy healing, and an aromatherapy journey.

### **EXCLUSIVE SPA PACKAGES**

### KOLOA LANDING HONEYMOON RITUAL

Designed to celebrate togetherness, this package features side by side massages using a fusion of grape stem cell, white tea and seaweed body butter. Warm coconut milk scalp treatments, and luxurious hand and foot scrubs made with ginger and lime conclude our decadent and restorative ritual.

- 90 minutes \$520/couple

## WHITE TEA, NONI AND ALOE HYDRATING MASSAGE AND WRAP

Calm, alleviate and revitalize dry skin and hair with grape stem cells, coconut, noni, spirulina, aloe vera, and white tea A gentle, aromatic ginger-lime sugar exfoliation begins our White Tea, Noni, and Aloe Hydrating Wrap to remove dead skin cells while promoting lymphatic flow throughout the body Next, grape stem cell, white tea, and seaweed body butter along with coconutargan oil is luxuriously massaged in for hydration and nourishment. This treatment finishes with a moisturizing, warm coconut milk scalp massage, all while wrapped in a warm cocoon. An excellent treatment for stressed, dehydrated, and aging skin. 90 minutes \$265

#### **UPGRADES**

All packages may be upgraded to Deep Lomi, Deep Tissue, or Sports massage for an additional \$25 per person

### OUR PROMISE TO YOU

Our staff has been expertly trained and certified in hygiene, cleaning, disinfection, and sanitation procedures that surpass state, local and regulatory guidelines. Our facilities are carefully cleaned and all surfaces, tools, and equipment used have been carefully disinfected and sanitized following CDC recommendations. We use EPA registered products. Our staff wash and sanitize their hands in-between guests and at regular intervals and utilize personal protective equipment. Staff will wear disposable gloves upon your request to maximize your comfort. All robes, linens and slippers are carefully cleaned, disinfected and stored prior to use.

# GUEST INFORMATION GRATUITY

20% gratuity will be added to all spa services for your convenience and can be adjusted based on your satisfaction.

#### **CANCELLATION POLICY**

We have a 6 hour cancellation policy. You will be charged 50% of your appointment fee if you cancel within 6 hours of your appointment and 100% of your appointment fee if you fail to advise of cancellation. If youarrive late for your appointment time, your treatment will finish on schedule (and charged in full) to ensure our ability to honor appointments for other guests without delay.

#### AGE POLICY

Guests under 18 years old may be permitted to receive selected services with advance notice and spa approval.

### **GIFT CERTIFICATES**

Share aloha with others by purchasing a gift certificate in any renumeration.

Please ask our staff for details.