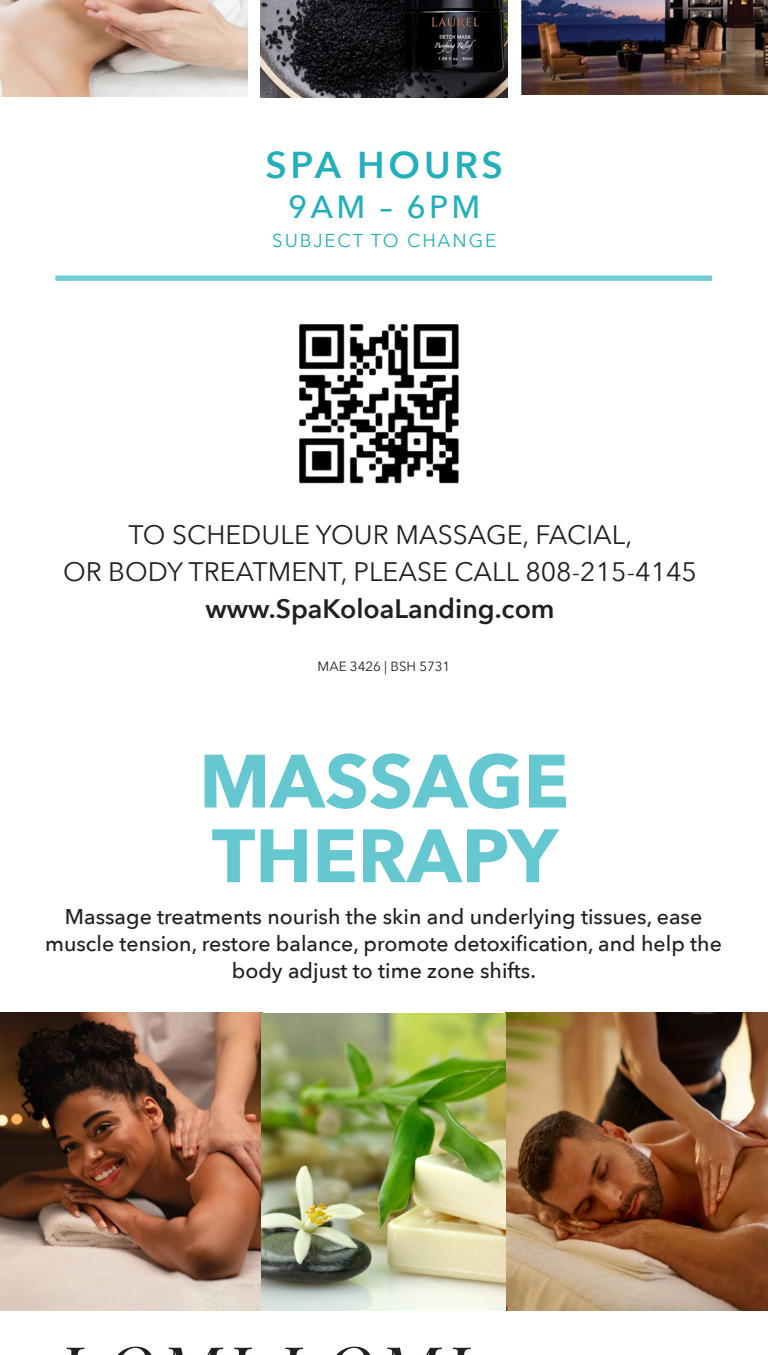


THE SPA AT

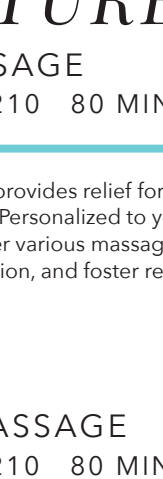


KOLOA LANDING RESORT AT POIPU

SPA MENU



SPA HOURS
9AM - 6PM
SUBJECT TO CHANGE



TO SCHEDULE YOUR MASSAGE, FACIAL, OR BODY TREATMENT, PLEASE CALL 808-215-4145

www.SpaKoloaLanding.com

MAE 3426 | BSH 5731

MASSAGE THERAPY

Massage treatments nourish the skin and underlying tissues, ease muscle tension, restore balance, promote detoxification, and help the body adjust to time zone shifts.



LOMI LOMI

HAWAIIAN MASSAGE
50 MINUTES | \$210 80 MINUTES | \$320

Our most requested massage draws inspiration from ancient Hawaiian healing practices passed down to the modern era by our island Kumu (teachers). An unparalleled experience featuring long, rhythmic strokes done with the forearms that is as therapeutic as it is relaxing.

SIGNATURE FUSION MASSAGE

50 MINUTES | \$210 80 MINUTES | \$320

A custom massage that provides relief for the individual - no two massages are the same. Personalized to your needs, this fusion massage blends together various massage techniques to release tension, increase circulation, and foster relaxation.

HAPAI

PRENATAL MASSAGE
50 MINUTES | \$210 80 MINUTES | \$320

A nurturing treatment tailored to comfort and stage of pregnancy, helping to ease pregnancy related physical changes including back pain, sciatica, swelling, and muscle spasms.

SPORTS TARGETED MASSAGE

50 MINUTES | \$250 80 MINUTES | \$350

Targeting different muscles groups for golf, tennis, running, hiking, and surfing, this vigorous massage uses joint mobilization, stretching, and trigger-point release to promote improved range of motion and flexibility.

FOCUSED TREATMENTS



SCALP THERAPY

HAIR MASK + MASSAGE
20 MINUTES | \$130

Warm, hydrating hair mask is massaged into the scalp and hair. Take a journey into nirvana that includes neck, shoulder, and face massage designed to ease chronic head and neck pain.

WAWAE

FOOT REFLEXOLOGY
20 MINUTES | \$125

Restore the natural balance and wellbeing of your body, while exotic Mango Butter hydrates your feet. This therapy, that can be traced back to ancient Egypt, applies pressure to specific points on the feet - reducing stress, aiding digestion, and promoting sound sleep.

NECK + BACK + SHOULDERS

STRESS RELEASE MASSAGE
20 MINUTES | \$125

A therapeutic massage designed to target the areas of your body that are most prone to pain, tension, and stress.

GARSHANA

DRY BRUSHING
20 MINUTES | \$130

Practiced for centuries, Garshana is a part of Ayurvedic Medicine, the traditional medicine native to India. Stimulating - yet relaxing, this treatment supports the lymphatic system and natural detoxification while improving skin texture and suppleness.

AROMATICS

PERSONALIZED AROMATHERAPY + GIFT
ADDED TO ANY TREATMENT | \$60

Guided by a Master Aromatherapist, the Intentional Aromatherapy App uses a selection of 25 different essential oils and botanical extracts - along with your intuition - to create an aromatherapy experience promoting wellness of body, mind, and spirit. Your custom, therapeutic-grade, aromatherapy blend will be enjoyed in-treatment and as a take-home gift!

TRANSFORMATIONAL JOURNEYS

KEALOHA

LOVED ONE
HONEYMOON INDULGENCE
50 MINUTES | \$260 80 MINUTES | \$370

Celebrate love - fresh honeymooners, mature flames, or self-care aficionados welcome! A head-to-toe ritual featuring Coconut-Lime Blossom Body Butter, a tropical warm hair mask + scalp massage, and luxurious hand and foot exfoliations made with crushed coconut shells and pineapple enzymes.

PALA'AU

TO HEAL WITH HERBS
CBD THERAPY
50 MINUTES | \$255 80 MINUTES | \$365

Begin your CBD-elevated treatment with a delicious wellness shot that includes 30mg of full-spectrum CBD and your daily dose of natural roots, fruits, and adaptogenic mushrooms to strengthen the body and mind. Plant therapy continues in the treatment room where your massage is performed with a powerful blend of 75mg of broad-spectrum CBD and other therapeutic plant extracts such as menthol, capsicum, and glucosamine to relax the nervous system and provide immediate relief from aches, pains, sore muscles, arthritis, strains, and inflammation.

OLA WAI

HEALING WATERS
OFURO TUB EXPERIENCE
105 MINUTES | \$430

Your healing journey starts at our Aroma Design Bar. After creating your personal aromatherapy blend, you will transition to our Ofuro Soaking to enjoy a relaxing soak in Kauai's only Ofuro - a Japanese soaker tub. Our Ofuro is constructed entirely of copper, a metal known for restoring connective tissue and reducing inflammation. Reveal in a massage customized to your individual needs by our experienced therapists and let your rejuvenation echo into the future when you take home your custom aromatherapy blend, our gift to you.

LAUREL FACIALS

The Laurel line is a ritualistic range of organic flower and herb-based skincare, formulated with impeccably sourced, highly vibrant, whole plants picked at their peak for unmatched transparency, purity, and results.

VIBRANCY REVIVAL

ANTIOXIDANT FACIAL
50 MINUTES | \$220 80 MINUTES | \$270

Experience the potency and power of phytonutrients in their organic, whole plant form. Transform dull, dry, dehydrated skin into vibrant, healthy skin with the help of herbal superfoods like Nettle Leaf, Cranberry Seed, Jasmine Flower, Frankincense Resin, and Calendula Flowers for optimal skin wellness. This facial is ideal for most skin types with a primary focus on reducing stagnation, restoring life, and aging vibrantly.

PLANT-ASSISTED DETOX

SOOTHING FACIAL
50 MINUTES | \$220 80 MINUTES | \$270

Clear and decongest skin by reducing inflammation, diversifying the microbiome, and enhancing lymphatic flow. Organic whole plants including Chamomile Flowers, Passionflower, Turmeric Root, and Lavender Buds support healthy skin functioning without stripping, drying, or wiping out helpful flora colonies. This soothing and clarifying facial is ideal for congested and acneic skin types with primary focus on calming irritation, restoring equilibrium, and detoxing on multiple levels.

SUN GODDESS

REPAIRING FACIAL
50 MINUTES | \$220 80 MINUTES | \$270

Whether healing a sunburn or brightening years of sun damage, this facial is for sun-lovers of all kinds. Whole plant phytonutrients work synergistically to nourish, repair, and prevent further oxidative damage. Camu Camu, Rosehip, Sea Buckthorn, and Calendula deliver visible results that can be seen after just one treatment. This facial is ideal for hyperpigmentation, scarring and sun damage, with a primary focus on brightening and evening skin tone, reducing inflammation, and strengthening connective tissue.

LILFOX FACIALS

Lilfox is Intelligent Skin Couture - the intersection of clean beauty, organic botanicals, clinically-proven, lab actives, and out-of-the-ordinary aromatics and textures.

MYSTIC AWAKENING

CRYO + THERMAL FACIAL
50 MINUTES | \$220 80 MINUTES | \$270

The ultimate in skin rejuvenation. Through the use of warm + cool facial tools and exceptional botanical extracts, we tone, tighten, and detoxify the skin. The constricting and expanding of blood vessels encourages nutrient delivery, cellular stimulation, and increased detoxification of cellular waste. By means of facial alchemy, the finished product leaves the skin glowing, pores cleaner, fine lines smoother, and contours sculpted on a base of radiant, plumped skin.

THE AMAZONIAN

HYDRATION FACIAL
50 MINUTES | \$220 80 MINUTES | \$270

This deeply hydrating treatment is life-bringing for dry, weary complexions. Advanced formulas incorporating Raw Cacao, Babbas Oil, and Niacinamide, offer nourishment and regeneration. Hyaluronic Acid plumps the skin and boosts moisture retention. Tetra C, Camu Camu, and Kakadu Plum Extract provide a concentrated dose of vitamin C for an instant glow and a sun-kissed appearance.

MELLOW MOONBEAM

CLARIFYING FACIAL
50 MINUTES | \$220 80 MINUTES | \$270

Luxury meets functionality. Deeply cleansing and perfect for skin prone to congestion, acne, reactivity, or redness. This restorative experience provides deep purification with a powerhouse of pore-cleansing enzymes and a Chlorophyll + Tourmaline Mask treatment that ensures that you walk away feeling polished and mellowed out.

LUMINOUS QUARTZ

FIRMING FACIAL
50 MINUTES | \$220 80 MINUTES | \$270

A ritual of crystalline, cosmic alignment to purify, hydrate, and harmonize. An energetically activating and cleansing treatment for mature, uneven, dull, and lackluster skin types. Papaya and Pineapple Enzymes, Rose Hydrosol, and a Quartz Crystal Facial Roller treatment come together to brighten the complexion, reduce fine lines, heal breakouts, and minimize pores.

ENHANCEMENTS

Elevate your experience to make it truly transformational.

ADD TO ANY TREATMENT

- DEEP TISSUE | \$30
- COUPLES SUITE | \$20
- AROMATHERAPY | \$15
- HOT STONES | \$25
- TRANSDERMAL CBD | \$30
- CBD WELLNESS SHOT | \$15
- TROPICAL WARM HAIR MASK + SCALP MASSAGE | \$25
- COCONUT CRUSH CRÈME HAND + FOOT EXFOLIATION | \$25
- GEMSTONE-INFUSED COLLAGEN EYE MASK | \$10
- GEMSTONE-INFUSED COLLAGEN EYE + LIP MASK | \$20
- GEMSTONE-INFUSED COLLAGEN FACE MASK | \$30

FACIALS ONLY

- GUA SHA | \$15
- CHILL WANDS | \$15

GUEST INFORMATION

CHECK-IN
Please arrive at least 15 minutes prior to your scheduled treatment to avoid reduced treatment time. A late arrival will result in a shortened treatment to accommodate other guests fairly.

ATTIRE
You will receive a robe and slippers to wear between treatments and a locker for your personal belongings. We ask that you please leave jewelry and valuables in your suite. We are not responsible for items that are left or lost at the spa.

SPA ETIQUETTE
The Spa at Koloa Landing is a place to restore your energy and relax. For the consideration of others, we request that guests speak softly and keep noise to a minimum. Please switch your cellular phones and electronic devices off or to silent mode.

AGE POLICY
Guests under 18 years old may be permitted to receive selected services with advance notice, spa approval, and the accompaniment of a legal parent or guardian also receiving service within the same treatment room.

HEALTH CONSIDERATIONS
Please inform us of any medical conditions (such as allergies, recent surgery, pregnancy, etc.) at the time of booking. You will also be asked to complete an intake form through email or upon arrival, so we can best customize your experience.

PRODUCT AVAILABILITY
Equivalent treatment products may be substituted when there is no product availability.

GRATUITY
20% gratuity will be added to all spa services for your convenience. Guests may adjust gratuity as they wish.

CANCELLATION POLICY
We have a 24 hour cancellation policy. You will be charged 50% of your appointment fee for less than 24 hours notice and 100% of your appointment fee if you fail to advise of cancellation.

SERVICE CHARGE AND TAX
Prices are exclusive of a 3% service charge and a 4.712% state tax.

GIFT CERTIFICATES
Share aloha with others by purchasing a gift certificate! Please ask our front desk staff for details.